

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: KST

Coachinfo: Warming up from: 12:40 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Reymen Rika

Coaches: Daniels Filip

Coaches: Poelmans Julie HEADCOACH

Coaches: Dirkx Evi

Coaches: Van der Eycken Ann

Coaches: Stabel Siegfried

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 14:05
Heat: 7/30 Lane : 4 Athlete: VAN GESTEL FRAN			Q-time: 00:37:20
PB (25m pool): 00:39.28 Herentals 17/05/2025			PB (50m pool): 00:37.20 SB: no time
	2 5 M	5 0 M	
PB		00:39.28	
		00:39.28	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:10, starttime: 14:10
Heat: 10/30 Lane : 1 Athlete: VAN MECHELEN ZOë			Q-time: 00:36:10
PB (25m pool): 00:36.10 Nijlen 16/11/2025			PB (50m pool): 00:37.16 SB: 00:36.10 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:36.10	
		00:36.10	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:11, starttime: 14:10
Heat: 11/30 Lane : 5 Athlete: DIERCKX ASTRID			Q-time: 00:35:49
PB (25m pool): 00:36.21 Temse 17/11/2025			PB (50m pool): 00:35.49 SB: 00:36.21 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:36.21	
		00:36.21	
			

Coach feedback:

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Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:12, starttime: 14:10
Heat: 12/30 Lane : 6 Athlete: CAMPFORTS FIEN			Q-time: 00:35:32
PB (25m pool): 00:35.32 Nijlen 16/11/2025			PB (50m pool): 00:36.04 SB: 00:35.32 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:35.32	
		00:35.32	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:13, starttime: 14:10
Heat: 13/30 Lane : 3 Athlete: BOEYKENS EMMA			Q-time: 00:34:80
PB (25m pool): 00:35.94 Stedelijk Zwembad Geel 11/02/2024			PB (50m pool): 00:34.80 SB: no time
	2 5 M	5 0 M	
PB		00:35.94	
		00:35.94	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:19, starttime: 14:15
Heat: 19/30 Lane : 1 Athlete: LAUWERS LOTTE			Q-time: 00:33:07
PB (25m pool): 00:33.07 Nijlen 16/11/2025			PB (50m pool): 00:33.46 SB: 00:33.07 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:33.07	
		00:33.07	
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:4, starttime: 14:30
Heat: 4/31 Lane : 1 Athlete: DE CLIPPELE LÉON			Q-time: 99:99:99
PB (25m pool): 00:50.09 Kapellen 05/11/2023			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:50.09	
		00:50.09	
			

Coach feedback:

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Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:8, starttime: 14:35
Heat: 8/31 Lane : 2 Athlete: VANDERHALLEN JISSE			Q-time: 00:48:82
PB (25m pool): 00:57.47 Hoogstraten 29/09/2024			PB (50m pool): 00:48.82 SB: no time
	2 5 M	5 0 M	
PB		00:57.47	
	00:57.47		
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:10, starttime: 14:40
Heat: 10/31 Lane : 5 Athlete: STABEL JONATHAN			Q-time: 00:46:24
PB (25m pool): 00:47.69 Herentals 17/05/2025			PB (50m pool): 00:46.24 SB: no time
	2 5 M	5 0 M	
PB		00:47.69	
	00:47.69		
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:11, starttime: 14:40
Heat: 11/31 Lane : 3 Athlete: KENIS AXL			Q-time: 00:43:14
PB (25m pool): 00:43.14 Nijlen 16/11/2025			PB (50m pool): 00:45.11 SB: 00:43.14 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:43.14	
	00:43.14		
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:13, starttime: 14:45
Heat: 13/31 Lane : 2 Athlete: LEYSEN BENJAMIN			Q-time: 00:41:39
PB (25m pool): 00:41.39 Antwerpen 12/10/2025			PB (50m pool): no time SB: 00:41.39 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:41.39	
	00:41.39		
			

Coach feedback:

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Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:13, starttime: 14:45
Heat: 13/31 Lane : 3 Athlete: VAN MECHGELEN RUBE			Q-time: 00:41:31
PB (25m pool): 00:41.31 Herentals 17/05/2025			PB (50m pool): 00:43.07 SB: no time
	2 5 M	5 0 M	
PB		00:41.31	
		00:41.31	
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:15, starttime: 14:45
Heat: 15/31 Lane : 2 Athlete: VAN MECHGELEN ARNE			Q-time: 00:38:81
PB (25m pool): 00:39.32 Herentals 17/05/2025			PB (50m pool): 00:38.81 SB: no time
	2 5 M	5 0 M	
PB		00:39.32	
		00:39.32	
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:20, starttime: 14:50
Heat: 20/31 Lane : 1 Athlete: VAN DYCK BRAM			Q-time: 00:36:00
PB (25m pool): 00:31.96 Geel 20/02/2022			PB (50m pool): 00:33.51 SB: no time
	2 5 M	5 0 M	
PB		00:31.96	
		00:31.96	
			

Coach feedback:

Event number: 7: 50M BREASTSTROKE MEN 11+			Heat:20, starttime: 14:50
Heat: 20/31 Lane : 5 Athlete: STABEL JASPER			Q-time: 00:35:97
PB (25m pool): 00:35.97 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:38.06 SB: no time
	2 5 M	5 0 M	
PB		00:35.97	
		00:35.97	
			

Coach feedback:

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Event number: 7: 50M BREASTSTROKE MEN 11+						Heat:25, starttime: 14:55	
Heat: 25/31 Lane : 1 Athlete: BOEYKENS STIJN					Q-time: 00:33:90		
PB (25m pool): 00:33.90 Antwerpen 12/10/2025				PB (50m pool): 00:34.77 SB: 00:33.90 Antwerpen 12/10/2025			
	2 5 M		5 0 M				
PB			00:33.90				
	00:33.90						
							

Coach feedback:

Event number: 9: 100M FREESTYLE MEN 9-10				Heat:1, starttime: 15:05	
Heat: 1/2 Lane : 5 Athlete: LEYSEN MATHIJS				Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+							Heat:4, starttime: 15:15	
Heat: 4/39 Lane : 1 Athlete: VERMEERSCH DEGELIN COLETTE							Q-time: 99:99:99	
PB (25m pool): 00:52.22 Hoogstraten 29/09/2024							PB (50m pool): no time SB: no time	
	2 5 M		5 0 M					
PB			00:52.22					
			00:52.22					
								

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+							Heat:7, starttime: 15:20	
Heat: 7/39 Lane : 5 Athlete: NIEWENWEG LENTE							Q-time: 00:45:86	
PB (25m pool): no time				PB (50m pool): 00:45.86 SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

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Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:8, starttime: 15:20
Heat: 8/39 Lane : 4 Athlete: NIEWENWEG STERRE			Q-time: 00:44:58
PB (25m pool): 00:45.77 Hoogstraten 29/09/2024			PB (50m pool): 00:44.58 SB: no time
	2 5 M	5 0 M	
PB		00:45.77	
		00:45.77	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:10, starttime: 15:25
Heat: 10/39 Lane : 3 Athlete: VAN MECHELEN LUNA			Q-time: 00:42:45
PB (25m pool): 00:43.31 Antwerpen 12/10/2025			PB (50m pool): 00:42.45 SB: 00:43.31 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:43.31	
		00:43.31	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:11, starttime: 15:25
Heat: 11/39 Lane : 1 Athlete: LUKIN ARINA			Q-time: 00:42:33
PB (25m pool): 00:43.24 Kalmthout 23/02/2025			PB (50m pool): 00:42.33 SB: no time
	2 5 M	5 0 M	
PB		00:43.24	
		00:43.24	
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:14, starttime: 15:30
Heat: 14/39 Lane : 6 Athlete: DIERCKX ASTRID			Q-time: 00:40:03
PB (25m pool): 00:40.03 Antwerpen 12/10/2025			PB (50m pool): 00:41.74 SB: 00:40.03 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:40.03	
		00:40.03	
			

Coach feedback:

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Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:15, starttime: 15:30
Heat: 15/39 Lane : 4 Athlete: CAMPFORTS FIEN			Q-time: 00:38:70
PB (25m pool): 00:38.33 Hoogstraten 29/09/2024			PB (50m pool): 00:39.24 SB: no time
	2 5 M	5 0 M	
PB		00:38.33	
	00:38.33		
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:15, starttime: 15:30
Heat: 15/39 Lane : 6 Athlete: LAUWERS LOTTE			Q-time: 00:39:19
PB (25m pool): 00:36.72 Stedelijk Zwembad Geel 11/02/2024			PB (50m pool): 00:39.19 SB: no time
	2 5 M	5 0 M	
PB		00:36.72	
	00:36.72		
			

Coach feedback:

Event number: 10: 50M BACKSTROKE WOMEN 11+			Heat:22, starttime: 15:40
Heat: 22/39 Lane : 1 Athlete: VAN MECHELEN ZOë			Q-time: 00:36:76
PB (25m pool): 00:36.45 Nijlen 17/11/2024			PB (50m pool): 00:36.77 SB: 00:37.31 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:36.45	
	00:36.45		
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:3, starttime: 16:05
Heat: 3/30 Lane : 5 Athlete: STABEL JONATHAN			Q-time: 00:34:33
PB (25m pool): 00:34.33 Arendonk 25/05/2025			PB (50m pool): 00:34.91 SB: no time
	2 5 M	5 0 M	
PB		00:34.33	
	00:34.33		
			

Coach feedback:

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: KST

Event number: 11: 50M FREESTYLE MEN 11+			Heat:4, starttime: 16:05
Heat: 4/30 Lane : 5 Athlete: DE CLIPPELE LÉON			Q-time: 00:32:99
PB (25m pool): 00:32.99 Arendonk 25/05/2025			PB (50m pool): 00:38.39 SB: no time
	2 5 M	5 0 M	
PB		00:32.99	
		00:32.99	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:05
Heat: 5/30 Lane : 5 Athlete: VAN MECHGELEN RUBE			Q-time: 00:32:46
PB (25m pool): 00:32.46 Herentals 17/05/2025			PB (50m pool): 00:37.60 SB: no time
	2 5 M	5 0 M	
PB		00:32.46	
		00:32.46	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:7, starttime: 16:05
Heat: 7/30 Lane : 5 Athlete: VAN MECHGELEN ARNE			Q-time: 00:31:38
PB (25m pool): 00:31.38 Stedelijk Zwembad Geel 16/02/2025			PB (50m pool): 00:35.29 SB: no time
	2 5 M	5 0 M	
PB		00:31.38	
		00:31.38	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:8, starttime: 16:05
Heat: 8/30 Lane : 3 Athlete: LEYSEN JEROEN			Q-time: 00:30:98
PB (25m pool): 00:34.31 Turnhout 03/03/2024			PB (50m pool): 00:30.98 SB: no time
	2 5 M	5 0 M	
PB		00:34.31	
		00:34.31	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: KST

Event number: 11: 50M FREESTYLE MEN 11+			Heat:9, starttime: 16:10
Heat: 9/30 Lane : 6 Athlete: LEYSEN BENJAMIN			Q-time: 00:30:96
PB (25m pool): 00:30.96 Nijlen 16/11/2025			PB (50m pool): 00:33.24 SB: 00:30.96 Nijlen 16/11/2025
	2 5 M	5 0 M	
PB		00:30.96	
		00:30.96	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:14, starttime: 16:10
Heat: 14/30 Lane : 2 Athlete: STABEL JASPER			Q-time: 00:28:13
PB (25m pool): 00:28.48 Arendonk 25/05/2025			PB (50m pool): 00:28.13 SB: 00:28.61 Antwerpen 12/10/2025
	2 5 M	5 0 M	
PB		00:28.48	
		00:28.48	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:23, starttime: 16:20
Heat: 23/30 Lane : 5 Athlete: LEYSEN MICHEL			Q-time: 00:26:05
PB (25m pool): 00:25.15 Geel 19/02/2023			PB (50m pool): 00:25.57 SB: no time
	2 5 M	5 0 M	
PB		00:25.15	
		00:25.15	
			

Coach feedback:

Event number: 11: 50M FREESTYLE MEN 11+			Heat:26, starttime: 16:20
Heat: 26/30 Lane : 2 Athlete: VAN DYCK BRAM			Q-time: 00:25:20
PB (25m pool): 00:24.65 Geel 19/02/2023			PB (50m pool): 00:24.97 SB: no time
	2 5 M	5 0 M	
PB		00:24.65	
		00:24.65	
			

Coach feedback:

ZGEEL 2daagse 26: Session: 2: COACH evaluation sheet for TEAM: KST

Event number: 13: 100M BREASTSTROKE MEN 9-10					Heat:1, starttime: 16:30	
Heat: 1/2 Lane : 3 Athlete: LEYSEN MATHIJS					Q-time: 02:14:08	
PB (25m pool): 02:14.08 Heist-op-den-Berg 10/01/2026					PB (50m pool): no time SB: 02:14.08 Heist-op-den-Berg 10/01/2026	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		01:10.87		02:14.08		
	01:10.87		01:03.21			
						

Coach feedback: